

OCIAA 2017 Boys' Swimming & Diving Championship

Friday, February 3, 2017 – Diving hosted at Cornwall HS Pool (make up day Monday Feb 6)

Saturday, February 4, 2017- Swimming hosted at Valley Central HS Pool (make up day Sunday Feb 5 after 12 noon warm up)

Friday, February 3, 2017 – Diving (11 dives with cuts) Championships

Pool doors open at 12:00 p.m. All divers and coaches should enter the school at the pool entrance. Buses must leave the property and return after 2:30 and park in main lot. Anyone arriving

Boards will open at 12:30

Dive sheets due at 2:45.

Boards will close at 3:20.

Coaches Meeting at 3:20.

Diver's meeting behind boards with Official at 3:25

Meet starts at 3:30

Saturday, February 4, 2017 – timed swim finals event

Swimmers warm up: Circle Swim, all lanes	8:30 am – 9:50am
Lanes 1, 5, 8 Remain Circle Swim	9:50 am – 10:20 am
Lanes 2, 3, 4 Relay Take offs	
Lanes 6 & 7 One way sprints	
Pool Cleared:	10:20 am
Coaches Meeting	
Start:	10:30 am

Coaches – 1. Enter pool from deck door 2. If you plan on warming up at your own facility, please notify Scott Warner of your arrival time at competition facility 3. All lost and or stolen items are the responsibility of your own team, bring a lock & lock it up