

## EVENT 5 DIVING

Divers Name \_\_\_\_\_

School \_\_\_\_\_ Date \_\_\_\_\_

Official's Signature: \_\_\_\_\_

Both Diver and Coach Signatures are required.

Complete 1 Dive from each Group within the First 8 rounds.

At least 1 Optional Dive from each of the 5 Groups.

Circle the Voluntary Dives

Dives 1-5 (2 Vol. 3 Opt.)

Dives 6-8 (2 Vol. 1 Opt.)

Dives 9-11 (1 Vol. 2 Opt.)

Dive Order	Dive No. & Letter ABCD					DD	1	2	3	4	5	Net. Total					
1	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								1)				
2	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								2)				
3	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								3)				
4	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								4)				
5	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								5)				
6	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								6)				
7	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								7)				
8	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								8)				
9	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								9)				
10	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								10)				
11	Forward Back Reverse Inward	Dive	S.S.	Twist	Straight Pike Tuck Free								11)				

(PR JF SW 08)

Coach Signature \_\_\_\_\_ Diver Signature \_\_\_\_\_

**Final Total:**