

2011 - 2012

OCIAA Boys' Swimming & Diving

~WEEKLY REQUIRED DIVE LIST~

Week # 1 November 28 – December 2 Group 100 Forward

Week # 2 December 5 – December 9 Group 200 Back

Week # 3 December 12 – December 16 Group 400 Inward

Week # 4 December 19 – December 23 Group 500 Twist

Week # 5 January 2 – January 6 Group 300 Reverse

Week # 6 January 9 – January 13 Group 100 Forward

Week # 7 January 16 – January 20 Group 200 Back

Week # 8 January 23 – January 27 Group 400 Inward

Week # 9 January 30 - February 3 Group 500 Twist

Week # 10 February 6 – February 10 Group 300 Reverse

Any rescheduled meets always revert back to the dive group that corresponds to the original meet date.